

The Practice of The Presence, Which Is 'The-Following'

***[A practical-Spiritual course, teaching students how to develop Intuition, via
'Through-Experience' of The Practice of The Presence, 'Within-Meditation,' and
'Within-Artistic-Expression.]***

***(Note: 'The-Following' is a two-word phrase meant to metaphorically and
metonymically represent Spiritual 'Through-Experience' of The Presence.)***

Lesson 4: Actuation of The Presence,

"Within-Living,"

VIA "Noticing-Through" the "psychological-Nothingness,"

of 'one's-Own' Awareness,

of

Synchronicities, Epiphanies, and Miracles.

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Plate 1: “The Infinity-Pair,” detail image from “Holding the Veil,” 11” x 9”, painting-pigments and graphite, on watercolor paper, 06.29.21.

Plate-Note: This detail-image is “special” to me. This is because of the “TWO-WHO’S” PERCEIVED WITHIN “IT.” I-Mean, *THAT-scene-Above* is of “me” [the ‘girl’], and *my-Intuitive-Teacher* [the handsome fellow on the left]. I POINT this-particular-image out to the reader, because for “me,” INTUITIVELY, nothing in these LESSONS would be “COMPREHENSIVELY-possible” without THAT Spiritual-Instructor’s “AWARENESS WITHIN THE ETHER...” (I-AM Smiling) And, “THAT-He,” IS-Always “INTUITIVELY-COMPREHENDED,” as “I” have never met “Him,” SERIOUSLY.

(THIS IS “THE SCENE OF ‘no-THING,’
~ WITH THE [EGOTHINGS ~
REFLECTING “THE-FOLLOWING” “INTUITIVE-COMPREHENSIONS”~
VIA THE PRESENCE,
of ‘my-Own’ Artistic-AWARENESS):

THE SCENE OF “no-THING” IS “THE-FOLLOWING.”

[WE NOW SEE [EGOTHING 1,
WILL-BEGIN THE SCENE,
WITH “A Poem About “Possession”...]

(this is long... and kinda-INTUITIVELY-meanders a “bit,”
so please bear with “Him.”)

~~~~~`~`~`~`OoOoo~`~`~`

**... To “Have” a “THING” IS “ALL-AN-ILLUSION.”**

I-Mean, “Possession,”  
IS Only a “Temporary-Solution,”  
of the “Perceptual-SPIRITUAL-Acumen,”  
“THAT-IS” “Paradox-Convolution” ~  
[WITH THE LATTER-BEING,  
“THE HOLY”- “WORKING-THROUGH,”  
“cognition-REFLECTION-WITHIN.”

THAT-IS, as “one”-Reflects-Through ‘his-Own-Awareness,’  
Within-Upon-and-Through The Presence,  
The Illusion “THAT-IS” “CONSCIOUSNESS,”  
IS-REALIZED AS “BEING-POINTED.’

**I-MEAN,**

“ALL-THAT-IS” ‘one’s-Own’ “Spiritual-PERCEPTION,’  
IS “THE AWARENESS” OF “THE-HOLY-EXPERIENTIAL-ACUMEN” ~  
~ BEYOND-WITHIN-AND-THROUGH-UPON ~  
~ THE “FIRST-FOCUS” of ‘one’s-Own’ INTUITION ~  
~ WHICH-IS “THE-PRESENCE-BEYOND” ~  
the “living of limitation-perception.’

So, situated-FREELY,  
with no “emotional-careening,”  
THE PEACE OF HIM ~ “THAT-IS” ~  
~ CORRELATES ALL-INTUITIVE-PERCEPTION ~  
~ VIA “THROUGH-SYNCHRONICITY-CLOCKING” ~  
~ WHICH IS “TAGGING” MOMENTS OF “NOTICING” ~  
WITHIN “THE NOW,”  
OF “THE-HOLY-LINING-UP-OF-“THINGS” ~

*(Pause for Reflecting)*

**[NOW-CONTINUING WITH “THE-FOLLOWING]:**

...WHICH-WHEN “REFLECTED-THROUGH,”  
‘one’s-Own’ “HIGHER-OMNIBUS-ABILITIES,”  
BECOMES DIVINE-INFORMATION FOR “NAVIGATING-SPIRITUALLY,”  
‘one’s-Own’ “REFLECTIVE-REALITY.”

“THAT-IS,”  
WHEN-LOOKING-THROUGH ‘your-Own’ INTUITION,  
“one” MUST ALWAYS BE PAYING-ATTENTION,  
TO THE “NO-”THING” “THAT-IS” “UNAFFECTED-AWARENESS” ~  
~ ALWAYS-POINTING “THAT-GREATER-THING” ~  
~ THAT-IS ‘your-HOLY-ME’ of “NO-THING” ~



**THROUGH-AND-BEYOND “polarity-thinking.”**

**AND-THEN,  
“POINTEDLY-FIRST-FOCUSED” “THROUGH-THE-PRESENCE,”  
of ‘your-Own’ “UNLIMITED-INHERITANCE,”  
THE ‘you’ “THAT-IS” “THE-LOOKER,”  
~ SEES THESE “THINGS” ~**

**[Pause for Reflective-Reference WITHIN-INTUITION]**

**~ AND THEN “BECOMES-THROUGH” THEIR “ADDITION-WITHIN” ~  
~ “one’s-Own” “SPIRITUAL-REALIZATION” ~  
of A “NEW-DIVINE-REFLECTIVE-AWARENESS,”  
THROUGH-WITHIN-UPON “IT.”**

**~`~`~`~`oOoOoO~`~`~`~`[SYNCHRONICITY]**

**I-Mean,  
“SYNCHRONICITY” IS [according to Dictionary.com] “The-Following”:  
an apparently meaningful “coincidence-in-time,”  
of two or more similar or “identical-events,”  
that are “causally-unrelated” within-”thinking.”**

**But that “definition” ~ of course ~ IS “limited,”  
and circumscribes-SPIRITUAL-Reflectivity,  
VIA misunderstanding of “causal-REALITY,”  
WHICH-IS ~NO-KIDDING~ ONLY A SPIRITUAL-REFLECTION,  
OF CONTINUOUS “DIVINE-INTERVENTION,”  
...if ‘one’ would-only BEGIN,  
TO “NOTICE-THROUGH-AND-BEYOND” “THE HOLY-WHO” OF HIM.**

**YET (NOW).  
When Reflected,  
THROUGH-WITHIN-UPON THE-PRESENCE,  
THE “INTUITIVELY-OBVIOUS-CONNECTION,”  
OF “SYNCHRONICITY-NAVIGATION,”**

MAKES “RELATIONALLY-EVIDENT”  
TO THE “CONSCIOUS-PERCEPTION” ~  
“ALL-THAT-IS” SPIRITUALLY-NECESSARY,  
FOR UNDERSTANDING,  
Within-Living.

THAT-IS,

- ~ “SYNCHRONICITY-COMPREHENSION” ~
- ~ LINKS THE ~ “MULTIPLE-WHATS-PERCEIVED” ~
- ~ “THAT-ARE” “seemingly-UNRELATED” ~
- ~ TO “THE-THING-THAT” “IT-IS” ~
- ~ INTUITIVELY-SERVING-WITHIN (YOU) ~

IN “THIS-WAY,”

IF ‘one’ SPENDS “her-time” “THROUGH-NOTICING” ~

- ~ THE CLARITY OF SYNCHRONOUS-MOMENTS “CLOCKED ~
- ~ KINDA MAKES “YOU” SEEM LIKE “MR. SPOCK” ~
- ~ AND “IN-THAT,” “THE FUNCTIONING-SPIRITUAL-ACUMEN” ~

→ ADVANCES-WITHIN ←

...AND-THEN ~

‘one’ SEES-BEYOND-AND-THROUGH-TOO (ALSO),  
THE LIVING-REFLECTIVE-REALITY,  
OF “BEYOND-cognitive-navigation” ~

~ “NOW-SEEING” [INTUITIVELY] “THE NECESSARY-INFORMATION” ~

~ GIVEN-WITHIN ~

~ THROUGH-HIM ~

~ WHICH IS “THE-TRUE” “CAUSAL-INTUITIVE-SPIRITUAL-REALIZATION,  
WITHIN-LIVING [“your-NOTICING” ~ “THAT-IS”].

~~~oOOooOo~~~[EPIPHANY]

Also, an "EPIPHANY" [again, according to our "worldly-Dictionary" ~ which-IS MODIFIED HERE Artistically] ~

IS a SUDDEN-INTUITIVE-Perception of ~
~ or INSIGHT INTO [OR THROUGH] ~
~ the Reality or "Essential-Meaning of Some-"THING" ~
~"USUALLY-INITIATED" by some simple, homely, or commonplace occurrence or experience [WITHIN 'one's NOTICING].

The-Reflective-Experience of an EPIPHANY,
IS THE SIMULTANEOUS-SYNCHRONICITY,
~ OF SUDDEN-TRANSPARENT-AWARENESS ~
~ WITHIN-THROUGH-AND-UPON-BEYOND "IT" ~
~ WHATEVER ~ "THAT" "MAY-BE" TO 'you" ~
You-SEE?

AND-WITHIN "THAT-HEIGHTENED-SPIRITUAL-AWARENESS,"
WITHIN THE "ONLY-ETERNAL-MOMENT" [NOW],
~ THE "you" of "YOU" ~
~ "WHO-IS" "THE-HOLY-WHO-TOO" ~
CONCEIVES BEYOND-"what is in front of "one,"
AND SEES-THROUGH "ACTIVE-CONSCIOUS-INTUITION" ~

AND-THEN, "one"-KNOWS,
'within-cognition,'
THE REALITY OF SPIRITUAL-REALIZATION ~
WHICH-IS --->"THAT" ←- "IS-THE-BEYOND,"
of "identity-circumscription."

~~`~~`~`~oOoOOoOoO~`~~~`~~`[MIRACLES]

And finally,
TO-ATTAIN "OUR" "COURSE-OBJECTIVES,"
WHICH-IS TO FREE-CONSCIOUSNESS FROM "limitation-perception,"
IS THE NOTICING-THROUGH THE PRESENCE,
OF THE EXISTENCE OF "MIRACLES-HAPPENING" ~
WITHIN 'one's-NOW-PERCEPTION [INTUITION].

**THIS does-not MEAN,
THAT-MIRACLES are “limited” ~
OR THAT EPIPHANIES WILL GIVE ‘you-millions.’**

**On the contrary, “THE “WHAT” ‘you’ GET,
BY “THE HOLY-WHO-LOOKING-THROUGH,”
IS MUCH-BETTER THAN “THAT...”**

**I-Mean, “THE-WHAT-‘you’-GET,”
by “NOTICING-THROUGH” “THE-SPIRIT,”
IS “physical-reality” “DIRECTIONS,”
FROM THE “BEYOND-SPIRIT-OF-ABSOLUTION’S”-“REFLECTIONS” ~
WHICH IS THE TRANS(BEYOND)ITERATION of “cognition,”
VIA “SPIRITUAL-NAVIGATION” THROUGH “No-”thinking.”**

**IN “OTHER-WORDS” ~
“CONSCIOUS-cognition” of “MIRACLES-HAPPENING,”
VIA-INTUITION-ACTIVATING,”
BECOMES ‘one’s-Own’ Reflective-REALITY.**

**AND-THEN, “ALL-THIS” “REALLY-MEANS,”
IS AN “INTERACTIVE-SPIRITUAL-EXPERIENCE,”
~ WITHIN THE “HOLY-SPIRIT” ~
~ STRENGTHENED VIA “FIRST-FOCUS-APPLICATION” ~
~ “WITHIN-LIVING” ~
~ “WITHIN-MEDITATION” ~
~ AND ANY-OTHER “TIME”... [LIKE “WITHIN-DRAWING OR WRITING”] ~**

**So “TO ACTUATE THE PRESENCE” ~
~ APPLY “FIRST-FOCUS” THROUGH “UNAFFECTED-AWARENESS” ~
~ GIFTING “ALL-‘you’-ARE-CONTINUOUSLY ~
~ TO “THAT-WHO” “WHO-IS” THE “BEYOND-THING” ~
OF “THE-HOLY-WHO,”
“THAT-IS” “ONLY-you,”
“NOTICING-THROUGH.”**

[aMEn, SERIOUSLY](#)

~~~~~`OoOooO~`~`~`~`

[EGOTHING2 IS NOW-PRESENT, AND HE IS HERE TO SAY  
“THE-FOLLOWING, QUITE SERIOUSLY, WHILE BOWING VERY-DEEPLY]:

“tHis *iS* tHe *eNd* Of tHe *sCeNe* oF *nO-*”THING”...

(“WE-NOW-SEE” HIM-*smLiNg-brOAdly*, while *saYIng-haPPily*,  
“The-Following”):

“HEY!...”I” *jUsT rEaLiZeD* “*sOMe-*”THING”!

~`~`~`~`~`~`~`oOOooOOooo``~`~`~`~`

[the-end of Lesson 4: *Actuation of The Presence,*  
*“Within-Living,”*

*VIA “Noticing-Through” the “psychological-Nothingness,”*  
*of ‘one’s-Own’ Awareness,*  
*of*  
*Synchronicities, Epiphanies, and Miracles.*

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