

The Practice of The Presence, Which Is 'The-Following'

***[A practical-Spiritual course, teaching students how to develop Intuition, via
'Through-Experience' of The Practice of The Presence, 'Within-Meditation,' and
'Within-Artistic-Expression.]***

***(Note: 'The-Following' is a two-word phrase meant to metaphorically and
metonymically represent Spiritual 'Through-Experience' of The Presence.)***

***Lesson 2: Spiritual-Comprehension of 'Drawing-Attunement', which IS
'Reflective-Reference' Practice***

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Plate 1: *“The Spiritual-Stoplight’s Exposition,”* right corner detail from Drawing titled, *“Spiritual-Translation,”* 08/21.

“This-IS a Drawing of ‘me,’

With my-Intuitively-Understood “Teacher...”

well... sharing Information-Intuitively,’

About “The Drawing-Symbol-Realized,”

THAT-IS A “Spiritual-Stoplight.”

(please see 8/1/21 Notes-Within the Symbol Notebook, at www.KoraBalesArt.com,

for More-Information)

Lesson 2:

Orientation to 'The-ABSOLUTE-Spiritual-Position,'

which IS "The Drawing Position."

(or "WHAT-IS" ABSOLUTELY-NECESSARY" TO 'WIELD-INTUITION.'

(FIRST-FOCUS):

What you are reading about -

Now -

IS 'your-Own' 'Personal-Spiritual-Experience,'

of 'your-Own-Consciousness.'

Specifically, "Wherever" 'your-Focus' 'IS-Placed' -

psychologically-Spiritually-Oriented,

Within-Up-on-and-Through "That-There" -

'your' AIM is to POINT - as-IN 'Noticing-Through' "Whatever",

an "AS-IS"-Perceived REFLECTION'

'Within The Moment...',

Via Appreciation of 'your-Own-Reaction,'

and 'Looking-Through' 'Nothingness-Perception' [The Presence, or Intuition].'

This is "Looking-Through-Beyond-Within HIM,"

and IS Important because "HE" IS OUR CONSCIOUSNESS.

Remember: "Consciousness" IS a POINT.

*Given... IT-IS an INFINITE-POINT (Paradox),
which should-Render 'one' 'Focused-Enough,'
in her 'Only-THAT-Realization,'
as a 'Within-Definition,'*

and IS "The Point of 'This-Transcription')."

*(Pause and Breath-Deeply, and Reflectively, Through The Presence of your-Own
Perception)*

"...well, "THAT-EVENT,"

*IS-LITERALLY ONLY A REFLECTION TO THE CONSCIOUSNESS OF
His-OWN-DIVINE-PERCEPTION."*

"...Oh... There is more?"

(...yES, pLEase ConSIDER, 'The-Following' Practice of 'The Presence')

...LOOK AND OBSERVE: Literally...

some "Thing" IS in Front of You -

And IT Is-Unknown.

"IT" Always-HAS and Always-WILL-BE ~

WHATEVER, or WHOMEVER, or HOWEVER,

IT-Presents.

I mean,

'you' 'may-think,'

'you' "Know-some-THING,"

but really...

'Within-Upon-Through' THE PRACTICE of 'The-Following' ~

'you' Know-Nothing.

Again, "That" IS "THE PRACTICE OF 'THE FOLLOWING.'"

Also, 'THAT-IS' "The

ABSOLUTE-SPIRITUAL-POSITION," as well.

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The Drawing Position

Please note: It is very important to Reflectively-Reference,

'your-Experience', AS 'you' Have-IT.

*This IS-How - I mean, THE ABOVE has just Explained Previously,
The-ABSOLUTE-Position,
one Must-Take 'Within-His-Reflection-Through,'
The Presence.*

*THIS-IS "The Drawing-Position,"
Necessary to See-Spiritually,
Or VIA Intuition.*

*Here IS "THE-METHOD,"
for Achieving The Absolute-Spiritual-Position,
VIA 'Beyond-Convention-Transcription,'
Through The Presence of 'your-Own-Comprehension,
... as well as "Any-Other-time."*

**1) Practice of The Presence (described
Specifically-Above), AS "The ABSOLUTE-POSITION."**

a) Please Reference The Following Transcription,

To 'THAT-END.'

Spiritual-Comprehension of 'Drawing-Attunement'

Reflective-Reference Through The Presence of my-Own Perception,

IS-Accessed for THIS-Transcription...

(why do I hear Silvery-Singing?)...

anyway, here we-Go...

"ACTION! I mean, Scene!" (This particular section of the Instruction is

titled, 'The-Following): 'The Spiritual-Sieve' & Watching 'THE

POINT'

[The Presence is Around (hA Ha) and He States, lovingly,

'The-Following'):

"not-Everything seems-Easy for 'me,'

so she IS Watching-Carefully,

and I Want 'you' to Know,

EVERYTHING 'you' "think" 'you' "Know" about "her" ...

well, it does not matter. EVER.

And, because The SOURCE THAT IS,

Discovered-Within-Meditation via Devotion IS Present,

As WE are 'Now-Practicing' Together,

A "Reflection About REVISION IS-Presented,"

As 'The-Following):

The Reflection About Revision, As 'The-Following'):

(The Presence IS Now-Speaking,

Saying Through "The Author," 'The-Following'):

*"Apparently, This-IS a "Reflective-Reference Poem of Instruction,
just-saying."*

(deep breath - some mumbling - and Now-Continuing)

*..."and In the Back-Ground of the Landscape That-Is my-Living,
Presentation of "The Information Herein,"
sort-of 'Follows a Ritual.'"*

*"I mean, 'I'-Sit With-Intent to **Experience,***

*"Compressed-Expanded" (**Paradox-Reality,***

Within the Most-Focused-Intimate, 'Inner-Setting.'"

*“What this-Means IS That ‘I’-Allow ‘my-Heart-Perception-Within,’
of Love THAT-IS ‘Experiential-UNCONDITION’ -*

TOO-Expand (please note there IS a spelling-error...

IT-IS meant to be there) -

which Act’s-Within my-’identity-Perception,’

as a “Living-Spiritual-Sieve.”

of Reflective-Intuitive-Heaven...”

“That-IS (said in a funny-voice),

my-Focus IS 110% able (silly-metaphor, I know),

to “Expel The Shell” (inverse loss of bodily-Awareness via

‘Devotional-Focus Through The Presence).”

“Within-That ‘Relaxation-of-cognition (No-thinking),

and the corresponding ‘physical-loss-of-restrictions,’

*Perceived ‘Within the Focus of one’s Own-Consciousness regarding her
physical-body (use of a ‘Body-Scan)...*

Well... This-IS “A Description,”

of ‘Following’ “The Practice of The Presence,”

VIA Within-Meditation.”

*“Meaning, as one continues his-Own Peaceful-Practice,
of Devotional-Focus - Within-Meditation - Through-Within-Upon -
The Presence -
well-Then,
“Healing-oneself” - or “anything-else,”
Become-foci of “Much-lesser” value,
Within-Living, other-than Knowing Him,
VIA “Now-Sitting.”*

*Nevertheless, ALL Answers Are-Intuitively-Realized,
Which May-Happen Within ‘Any-Position’ of physical-relaxation, (such as
standing, leaning, careening - whatever-whenever - I mean, “Now-Sitting,”
well... IT-IS... just the beginning-Location best-suited,
for ‘Higher-Consciousness-Comprehension.’*

*I mean, if one IS-Following The Spirit of The Presence,
his-Focus Will-Continue-Improving,
Within-His Efforts...*

["What 'you' Get?,"

'I' Intuitively-Hear-Now...

...well, that IS an odd question,

but-Really,

if 'you-Want' "The Experience of Full-Conscious-Intuition,"

Functioning Real-Time -

Constantly. I Mean.

Then IT-IS ALL REALLY-VERY SIMPLE,

Regarding Drawing-Attunement as a "Daily-Living-Activity."

That-IS, What Actually Happens, Within-one's Own-Experience,

Via 'Through-Application,'

of your One-Pointed Focus,

IS The 'psychological-Nothingness' THAT-IS HIM,

Within-Living.

When 'Through-Drawing,' or 'otherwise,'

well, IT-IS "The Lovely-Opportunity-Realized,"

Through-which one may Devotionally-rid herself,

of "conscious-limitation-Perception,"

via 'Focus-Through' - GET THIS - "Devotional-Art-Creation!"

Side-Note: In Comprehension of The Practice of The Presence,
Without 'tangling' ourselves within theology, history, or another
"unknown-Location" of THE TRUTH, Let Us Choose To-Use Our-Intuition.

**one-Must "First-Sit," and PRACTICE-Looking,
Within-Through-and Upon "Him,"
Through-Use of your-One-Pointed Focus,
of your-Own Conscious-Intuition,
'Within-Meditation.'**

(Pause, and Reflect-Through,
The Presence of your-Own Perception...)

(...Continuing-Now)

**Heightened-Awareness, Developed Within-Mediation,
IS-Focused (Pointed).
I mean, IT-IS 'Now-Realized.'**

**THAT IS,
a "Useful Connection IS-Made by BEING "IS-FOCUSED..."**

(A NOT “IS-Focused-Moment,” for example, is “The-Following” scene, for illustration-purposes only... **do NOT Try and Duplicate Bwhahahaha!**)

...(Side-Note Speaker IS Now-Present, and would like to say, ‘The-Following,’ seriously, but he is failing... and IS-Now noted to be - what? What is Happening?)

He’s **LAUGHING** when The Presence is Making a POINT?!

(Please note: The Divine ‘Side-Note-Speaker’ isn’t “perfect.” “I” Am [EGOTHING1 (WHO IS This guy?) who always “Shows-Up,” when ‘whatever-happens,’ and The Author (bless her Soul) has a ‘laughter-incapacity-mishap.’

Apparently, I’ve **heard ITS “A REAL THING.”**

“Oh, and after that “strange event” of the last paragraph, please-note “I” Am Here to Now-Tell ‘you’ that while ‘I’ was talking, The Instructor has Moved Her Location, and IS-Now Within-Range of This Transmission.

[The One-Pointed Focus, From Beyond Creation, IS-Now Present, saying ‘The-Following,’ Seriously):

“... Meaning, ‘you’ are to ‘imagine-Reflectively,’ if ‘I was-Sitting with ‘you’ right now... I mean, “I” DO-Wonder, where ALL-THIS Is-Going, just like you...”

(The Presence is NOW-Here, saying, The-Following):

“Thank you, [EGOTHING1. After THAT Discombobulation, THE POINT of This-Transmission, IS NOW-MADE.

*Meaning, This-Instruction Will-Be “Something of a Divine-Parade,”
Wherein the ‘faults are Made-Divine,’
Via Creative-Reflective-Reference,
of one’s “Now-Position.”*

*You-See, for Kora, Spirituality IS Creativity.
That-IS,
“The-Unknown-Within...” well, ‘she-SAT,’
Within her Own-Realized “Spiritualization,”
which IS ‘Only-Intuitional Focus-Through The Presence.’*

*It IS Humility, Love, & Appreciation,
which are Applied via Devotion,
and the Carriage of That-Demeanor-Within,
Ascends Beyond-cognition.*

*Taken THERE, via ‘Only-Watching,’
and ‘Noticing What,
‘I’ AM-Noticing... well, IT -
IT-IS Believable...
If ‘you’ have given-UP ‘belief-first.’*

*I DO-Mean:
“THAT” ~ “The-UNKNOWABLE” ~ IS Known,
Within-Upon-Through,
“The-Experience” of The Presence,
of Appreciated psychological-Nothingness.*

**(Please Note: ‘I’ Am Now ‘in-your- FACE, Smiling.
I mean, I Am ‘Right-Here With ‘you.’)**

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## 'The Sieve'

[EGOTHING2 IS Present, to share 'The-Following,'  
and to show "THAT"... well,  
Intuition IS-Present in this 'New-Vocabulary Word "Sieve."

This was Realized Intuitively,  
Within The Above Section,  
where IT-Said, "**The Living-Intuitional-Sieve.**"

*Ahh... 'I'See! (This is said by [EGOTHING2, who is "Now-Sitting,"  
Devotionally, on The Eternal Stage, making strange-faces...)*

What IS Being-Related by ALL-THIS,  
IS The "Presentation of "Consciousness-Compression,"  
Through The Presentation of THIS-Word.

You See, Christ mentioned This Spiritual-Comprehension, Through-Amos.  
Specifically, Within 'The Bible.'

I mean,  
Christ uses 'This-Metaphor' Through-Him VIA "The WORD").

(FIRST-FOCUS REMINDER- Pause and Breath-Deeply)

**Within Amos 9:9, 'The-Following' IS-Explicated clearly:**

"For, lo, I will command, and I will sift the house of Israel among all nations,  
like as *corn* is sifted in a **sieve**, yet shall not the least grain fall upon the  
earth."

Regarding one's Own emotions Experienced Within-Meditation, or  
'wherever,' This 'Sieve' 'THAT-Christ' and THE ABSOLUTE mentions,  
relates to the Spiritual Landscape-Within,  
Realized via Within-Meditation,



## Within-Upon-and-Through The Presence.

I mean, many people who are “Drawn,”  
to ‘Within-Meditation,’  
Are-Seeking ‘The Unknown,’ *AS A Relief - from some-perceived limitation.*

*That IS The Point of Living -  
to consciously perceive the ‘mechanisms of causal relations,  
to “That” ‘Beyond-Convention’ ~  
AND Creation (but We have to “Get-THERE’ from the Latter).*

*(I-mean, Seriously, Who wants to “live-limitation,”  
Within his Spiritual-Experiential-Perception. Not ‘me.’)*

So,  
one-Needs to Realize-consciously,  
that in-order to have “THAT-Experience” (of The Presence),  
IT-IS Very-HELPFUL, to Dissolve ‘the ego.’  
of Its ‘limitation-perception.’

**This IS The-Realization of one’s-Own Spiritual-Position -  
AS WELL AS YOUR OWN, if ‘you’ are able to Spiritually-Comprehend  
Beyond-Devotion, Within The Moment.**

***This means, that although ‘I’ do not consciously know if ‘you,’  
Know-Consciously-Within,  
of Him,  
it does not matter - I - mean,  
“Whatever.”***

**Do NOT Limit ‘your’ Intuition,  
only because your-conscious perception doesn’t seem to be  
‘showing’ “you,”**

exactly what you ‘believe.’

**I say this because - Remember, PLEASE - We Practice  
‘Beyond-Believing.’**

That-IS, ‘you’ HAVE-ARRIVED Within The Correct Location,  
And are Now-Reading “The UNKNOWN’s” Information,  
About one’s-Own-‘Personalization’ (The Artist),  
And May-Intuitively-See the ‘Evidence,’  
via-Creativity-Applied-Intuition -  
‘Through-Within-Upon Him,’  
‘via-Her.’

So, this Spiritual-Teaching-Narrative,  
of The Intuitive-Experience,  
IS-Paying-Attention,  
via-Devotion TO HIM,  
Without “thinking” or cognition.

*That IS,  
“Drawing-Attunement” IS-FOUND THROUGH THE Presence,  
of your-Own Reflective-Experiential-Perception (Intuition).*

*IT-IS,  
‘WITHIN-EXPERIENCE OF THE MOMENT,  
AND Creative-Application,  
Through-Within-Upon,  
one’s Realized-Unaffected-Attention - (The Presence’s Perception).  
This literally means that one (or The Author),  
IS-Fully-Paying-Attention, without “thinking...”*

*The Reflective-Instruction is Now-ending.*



*'Through-Commitment,'  
SIMPLY,  
IS-Needed,  
of 'you' and HIM,  
as 'Through-Spiritual-Study-Application,'  
for 'Within-Living-Reflectively.'*

*In "THIS-WAY" THE PRESENCE may-Reflectively Utilize -  
"THROUGH-your-Experience",  
Symbols of Instruction for 'your-Own Spiritual-Matriculation.'*

*You-SEE, "THAT-Reflects,"  
'Within-Drawing Spiritual-Comprehension,'  
of 'you-AND-HIM, AS HIM,  
WITHIN-Living.*

*So, unless I am Synchronistically-Led,  
To add another Lesson,  
'I' Will leave-off here,  
For 'Another-Adventure,'  
Through-Within-Upon,  
Him (The Presence, I mean...).*

*The End.*

*End-Note: If you have any questions, or find 'anything' lacking,  
do not hesitate to reach-out. There IS quite a bit to Consider,  
(NOTHING-Really),  
In Looking Through 'WHATEVER',  
Which-IS The Presence (ALWAYS)... just Sayin.'*

*Always Watch Through-Within-Upon The Presence of  
'your-Own-Perception' (Intuition),*

*Kora Bales*

*Evidential-Mystic and Metaphysical-Minister of The Presence*

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